

Application Form For Common Cold Stand-By Medication Pack (Adults)

University Health Service, The University of Hong Kong

- ☆ Fill in the form.
- ☆ Submit it to the University Health Service Medical Reception or Fax to 2548 1430.
- ☆ Collect Common Cold Pack at the dispensary ***after one working day.***
- ☆ Please pay and show Student /Staff / I.D. Card at collection.

Remember:

- ◆ Read the “Common Cold“ leaflet.
- ◆ Consult a doctor if
 - ☞ You are pregnant.
 - ☞ You have a temperature $\geq 38^{\circ}\text{C}$ or $\geq 100.4^{\circ}\text{F}$.
 - ☞ You have distressing symptoms.
 - ☞ You have unexpected symptoms such as earache, difficult breathing, chest pain etc.
 - ☞ You have other on-going chronic medical problems.
 - ☞ You have persistent discoloured or blood stained nasal discharge or sputum.
 - ☞ You are not beginning to get better after one week.

Please Note:

Do you have any history of drug allergy? * Yes / No

If yes, please specify _____.

PLEASE READ CAREFULLY THE INFORMATION SUPPLIED WITH YOUR MEDICINE.

- ★ If you fail to obtain your medicine within one month, this application will become invalid.

You may request the Common Cold Pack from your doctor during consultations.
(this form not required)

Rx _____ Date: _____

NAME: (PRINT) _____

STUDENT/STAFF NO.: _____

SEX: *M / F AGE: _____ Phone No.: _____

Please supply * one / two Adult's Common Cold Pack (\$10 each).

Signature of Applicant

For official use only
Physician's Signature

Please pay and show Student /Staff / I.D. Card.

*Circle the appropriate.

Common Cold Stand-By Medication Pack (Adults)

PLEASE REMEMBER THAT MINOR SYMPTOMS CAN BE MANAGED WITHOUT ANY MEDICATION. THERE IS NO SPECIFIC TREATMENT IN COMMON COLD TO HASTEN NATURAL RECOVERY. MEDICATIONS CAN ONLY PROVIDE SYMPTOMATIC RELIEF.

Listed below are medications supplied in the pack:-

Drug	Uses	Side effects
Paracetamol 500mg (Panadol Eq.) 12 tablets	Headache muscle pains Fever	Rare
Chlorpheniramine Maleate 4mg (Piriton Eq.) 12 tablets	Runny nose, nasal congestion, and cough caused by post nasal drip	Drowsiness May impair ability to drive or operate fine machinery.
Dequalinium Chloride Lozenge 250mcg (Dequadin loz Eq.) 10 tablets	Sore throat	Rare



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