

# Operation Manual



Model No. : RUC403  
**Swivel Chair with armrest**  
有扶手打字椅

Model No. : RUC403N  
**Without armrest**  
無扶手打字椅



調整扶手高低升降功能  
**Armrest Height Adjustment**

調整座椅高低升降功能  
**Gas Spindle Height Adjustment**

## 調整椅背傾仰鎖定功能

### Synchronize Tilting

先拉高調整把手，並將身體靠向椅背，調整至舒適的位置後放開把手（舒適位置以身體形成九十度角）

Lift the handle up. Put your back against the back support. Release the handle at your most comfortable position i.e. hip and trunk at 90 degree.