Revised Health Advice for Zika Virus Infection and Latest Update (9 Apr 2016)

Health advice for women planning pregnancy in regard to Zika Virus Infection was revised by the Centre for Health Protection (CHP) on 8 April 2016:

With reference to the latest, albeit limited, information available so far and international recommendations, CHP advised women preparing for pregnancy to continue to adopt contraception for at least two months, extended from 28 days, after returning from areas with ongoing Zika virus transmission affected areas.

Based on a growing body of preliminary research, there is scientific consensus that Zika virus is a cause of microcephaly and Guillain-Barre syndrome. Therefore, the public should continue to pay special attention to the latest development of the Zika virus infection and observe relevant health advice during travel.

For more disease information and health advice on Zika Virus Infection, please visit the following webpages:

* The CHP's Zika page
* The Zika page of the DH's Travel Health Service
* The Outbound Travel Alert page of the Security Bureau
* Anti-mosquito precautions for women
* The WHO Zika virus situation reports

University Health Service

April 9, 2016