Dear Students and Staff,

**Guard against Hand, Foot and Mouth Disease (HFMD)**

Hand, Foot and Mouth Disease (HFMD) is a common disease in children, and can occur in adult population as well. The disease is mostly self-limiting and resolves in 7-10 days. Rarely, more serious complications may occur.

Recently, there were several HKU students infected with HFMD. All of these students are recovering well. Enhanced cleansing and appropriate infection control measures are in place on campus. Still, I would like to take this opportunity to encourage you to observe good personal and environmental hygiene in order to prevent the spread of HFMD. Should you develop any signs of illness e.g. fever, poor appetite, tiredness and sore throat, please do not come to school and please seek medical advice promptly.

For further information on HFMD, please visit:

Should you be confirmed to have HFMD, please report to your Department and/or Hall as appropriate. You may also report to UHS by calling 39172514 or emailing: uhealth@hku.hk

Thank you for your attention.

Dr. M.K. Cheung
Director
University Health Service
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