

Dear HKU members,

Seasonal influenza is an acute respiratory infection caused by influenza viruses. It is characterized by a sudden onset of fever, cough (usually dry), headache, muscle and joint pain, severe malaise (feeling unwell), sore throat and a runny nose. The most effective way to prevent the disease is **vaccination**.

For details about Seasonal Influenza vaccination, please refer to the following:

1. University Health Service of HKU – [Quadrivalent \(4 in 1\) Seasonal Influenza Vaccination Scheme 2019/2020](#)
2. Centre for Health Protection – [Information on Seasonal Influenza](#)
3. Centre for Health Protection – [Vaccination Schemes](#)
4. HKSAR – [Information on Seasonal Influenza Vaccination](#)

University Health Service

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