## Actions to Take after Obtaining Positive Result through using Rapid Antigen Test Kits for COVID-19

Dear Users,

Hong Kong is in the midst of its fifth wave of COVID pandemic with a rapid growth of COVID cases, and the UHS continues to provide clinical care for a great many patients with different clinical conditions every day. In order to protect the health of and to reduce the cross infection risks for all UHS users, if you have done a rapid test with positive result, please <u>follow the</u> <u>HKSAR Government's guidelines on the actions to take</u>, and do <u>NOT</u> come to the UHS.

## If your rapid test result is positive:

If you are tested positive by RAT, your case is considered positive. Please take all necessary steps to avoid further spreading the virus.

- ✓ Stay home, avoid going out. If the home environment allows, please stay in your own room and keep the door closed. No one else should be allowed to enter the room. If you have to leave the room, please wear a well-fitted surgical mask properly. At all times, take personal protective measures.
- ✓ If you are tested positive by RAT for the first time, report via the online platform <u>"Declaration System for individuals tested positive for COVID-19 using Rapid Antigen Test"</u> within 24 hours. If you have difficulties with the online platform, call the automated system at <u>1836 119</u> to register your identification document and telephone number. The Centre for Health Protection will contact you later to finish the reporting procedure. You may be invited to undergo a nucleic acid test on a random basis.
- ✓ Keep track of your health conditions:
  - **Do you only have mild symptoms?** If you only have a mild fever, cough or sore throat, or no symptoms at all, based on risk assessment, the Centre for Health Protection will arrange for you to isolate either at a Community Isolation Facility or at home temporarily. While isolating at home:
    - The Government will distribute anti-epidemic kits to each person confirmed positive and his/her household members in phases.
    - For help with daily needs, please call the hotline <u>1836 119</u>.
    - For medical advice, please call Hospital Authority's hotline <u>1836 115</u>.
  - Are you feeling unwell? If you have the following warning symptoms, please visit a hospital accident & emergency department (A&E) directly: persistent fever (>38.5°C) for more than 2 days despite fever-reducing medicine\*; body temperature at 35°C or below; convulsion; difficulty in breathing or shortness of breath; loss of speech or mobility; inability to wake up or stay conscious; pain in chest or abdomen; dizziness or confusion; weakness or unsteadiness; decreased or no movement of fetus for women pregnant for 24 weeks or more; persistent inability to drink or eat, or diarrhoea / vomiting for more than 2 days.

\*Please follow the medication instruction on intake of fever-reducing medicine and watch out for overdose.

• If you are elderly patient aged 70 or above, a child aged 5 or below, pregnant woman at 28 or more weeks of gestation, or in an immunosuppressive state, when symptoms show, please arrange an appointment at the <u>Hospital Authority's Designated Clinics for COVID-19 Confirmed Cases</u> or seek medical advice via tele-consultation.

Please also find the following useful information for reference.

## **Useful Information for Reference:**

1.	Declaration System for individuals tested positive for COVID-19 using Rapid Antigen Test	Website: https://www.chp.gov.hk/ratp/
2.	Points to Note for Persons Pending Admission	Website: <u>https://www.coronavirus.gov.hk/eng/pending-</u> <u>admission.html</u> Hotline: 1836115
3.	Criteria for Early Discharge from Isolation and Home Quarantine	Website: https://www.coronavirus.gov.hk/pdf/pa_early_flowcha rt.pdf
4.	Appointment booking with Designated Clinics for COVID_19 Confirmed Cases	Website for List of Clinics: <u>https://www.ha.org.hk/haho/ho/covid-</u> <u>19/designated_clinic_en.pdf</u> Website for Designated taxi booking: <u>https://designatedtaxihk.com/</u>

Thank you.

University Health Service

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